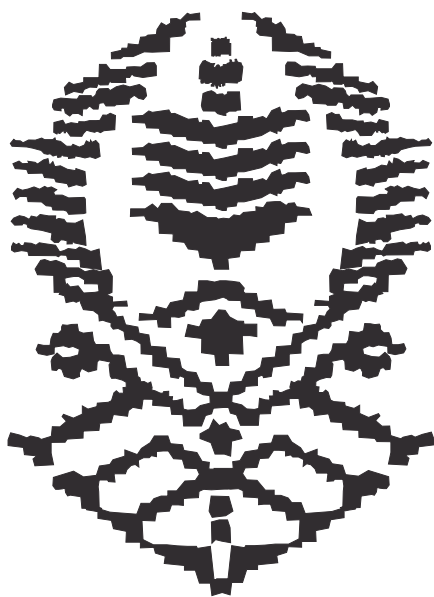


BVLGARI  
RESORT BALI

SPA



## OVERVIEW

Conveying the exclusivity of the Bulgari brand with customized experiences and luxurious spa suites. The Bulgari Spa at Bulgari Resort Bali provides the ultimate offering in terms of treatments, products and services. The Bulgari Spa is the embodiment of a holistic healing center, bringing together the therapeutic traditions of Indonesian massage and contemporary spa practices.

An antique 'Joglo' house, transported piece by piece from central Java, creates a unique reception area.

The cliff-top spa at Bulgari Resort Bali offers the ultimate spa experience and breathtaking views overlooking the Indian Ocean. Traditional Balinese culture and the elegance of Italian contemporary style are reflected in the exquisite design. A complete retreat from the rest of the world, The Bulgari Spa extends an enticing invitation to the guests to enter a world of peace and harmony to experience a range of result-driven, yet authentic treatments inspired by regional health and well-being rituals.



## **BULGARI SIGNATURE RITUALS**

The nurturing experience at The Bulgari Spa are inspired by the ancient wellness traditions of the world. Tension and stress melt away as the mind and spirit find peace with restorative treatments in one of the luxurious spa suites.

## **BULGARI ROYAL LULUR FOR TWO**

**180 Minutes**

Treatment created for royalty, this exotic spice and yogurt exfoliation and body polishing process has been faithfully practiced in the palaces of Central Java since the 17<sup>th</sup> century. There, the pursuit of beauty has long been a sacred daily ritual, with the Javanese *lulur* an integral step, leaving skin soft, supple and glowing.

An exotic combination of indulgent therapies for couples seeking a complete retreat, this regal experience for two takes place in the Royal Spa Pavilion. Commence with a welcoming foot ritual, followed by a skin-exfoliating *lulur* scrub of rice powder and spices. A full-body wrap with an algae mask refines the skin. Meanwhile, a cleansing facial takes place and feet and limbs benefit from an intensive reflex zone massage. The subsequent facial with Biologique Recherche products balances the skin. Step into the plunge pool to refresh, then bliss resumes with a perfectly synchronized signature four hands body massage with rich exotic oils and herbs to complete this decadent, stress relieving and calming experience.

## **ROMANTIC HARMONY FOR TWO**

**180 Minutes**

Designed for two, this journey is a perfect way to enjoy a spa experience in the privacy of the spa suite. Embark on this pampering journey for two, starting with a foot cleansing ritual. Then, a gentle exfoliating scrub made from coconut and vanilla prepares the skin to fully absorb the nourishing ingredients, continue the experience by indulging in the Jacuzzi and essential oil massage. The use of customized massage oil blends helps to restore and retain moisture in the deeper levels of the skin, eases muscular tension and invites a sense of bliss. The subsequent facial with Biologique Recherche products balances the skin.

## **STRESS RECOVERY**

**120 Minutes**

A refreshing treatment that helps eliminate toxins, smoothen and firm the skin, providing physical and mental relaxation.

Inducing a state of relaxation, a foot ritual marks the beginning of this thoroughly de-stressing treatment. Coconut vanilla scrub helps exfoliate and soften tired skin, followed by massage with fragrant aromatherapy oils to release tension from tired muscles. The ritual concludes with an express facial to nourish and hydrate the skin.





## **BODY THERAPIES**

A full body lavish and indulgent pampering with carefully developed body therapies. Relax, re-energize and boost skin with natural vitamins and minerals, leaving the skin refreshed and full of life.

## **BALINESE LULUR**

**60 Minutes**

An Indonesian ritual, traditionally performed on brides before a wedding. Begin the treatment with foot ritual followed by *lulur* (body exfoliation) using ground rice, sandalwood and fragrant spices, before yoghurt mixture body wrap. The ritual concludes with body lotion applied to sooth and nurture the skin.

## **BALINESE BOREH**

**60 Minutes**

A healing recipe of indigenous herbs is used as a body exfoliant to warm the body, open clogged pores and improve circulation. A relaxing head massage is performed while the spices warm and detoxify the skin. This traditional treatment is commonly used in the region as a cure for stress-induced headaches, muscular stiffness and even rheumatism.

## **AFTER SUN SOOTHER**

**60 Minutes**

The After Sun Soother brings instant relief and moisturized dry, sensitive, sunburn or flaky skin, leaving it calm, hydrated and soft. A coconut scrub is used to gently cleanse the skin and followed by application of a replenishing body mask comprising nourishing aloe vera gel. A soothing treat for skin after prolonged exposure to sun.

## **ANTI-CELLULITE BODY TREATMENT**

**75 Minutes**

A high performance treatment designed to eradicate visible sign of cellulite using a body wrap that infuses oxygen into skin cells, stimulating release and elimination of stored fat. Corrective fluids are then applied to specific cellulite-prone areas to refine and re-sculpt. This treatment concludes with a sculpting massage using deep and effective movements created to dislodge cellulite while helping to restore toned skin.



## **MASSAGE THERAPIES**

The Bulgari Spa experienced spa therapists combine ancient healing wisdom from around the world with modern therapies to provide a range of massage techniques that restore inner calm and rejuvenate the body.

## **HEALING STONES**

**120 Minutes**

A holistic experience combining the benefits of coconut vanilla scrub and warm volcanic stones with therapeutic oils to deliver ultimate relaxation for tight and tired muscles. Heated massage stones enhance the effectiveness of massages stroke to stimulate blood flow and induce a profound muscular relaxation.

## **BALINESE FOUR HANDS MASSAGE**

**120 Minutes**

The perfect treatment for those who find it hard to unwind and relax during massage. Start with a welcome foot ritual followed by a skin-exfoliating *lulur* scrub and body massage. A pair of therapists commence the synchronized four hands massage, tension releasing massage – applying advanced massage combinations of stretching and rolling movements with long, deep strokes. A mix of hot stones, warm oils and a therapeutic head massage ensures individual emerges completely relaxed.



## **HERBAL REVIVAL**

**120 Minutes**

The experience starts with ginger cinnamon scrub followed by a body massage. A healing massage treatment utilizing warm poultices made of local herbs to calm the nerves and rebalance energy levels to positively promote circulation and good health. It aims to soothe muscle tension and stiffness on targeted areas. Heat and herbs are absorbed by the body to help reduce aches and pains, increase lymphatic drainage and tone the skin.

## **THAI MASSAGE**

**90 Minutes**

An ancient technique to restore health and vitality with combination of deep pressure point massage and stretching relieving tension, improving flexibility and blood circulation. Loose garments are provided and no oil is used during this massage.

## **TRADITIONAL MASSAGE**

**90 Minutes**

A freestyle Balinese massage technique soothes away tension with choices of massage oil blend, combined with a suitable pressure to introduce body and mind on a journey of ultimate relaxation and harmony.

## **RELAXING BODY MASSAGE**

**90 Minutes**

A deeply soothing and relaxing experience, this treatment utilizes the potent properties of essential oils applied with long, slow and gentle strokes to the body and scalp. Body and mind brought back into equilibrium once tensions are released.

## **RELAXING FOOT MASSAGE**

**60 Minutes**

Revive weary feet and experience deep relaxation and revitalization in this pampering treatment. Taking inspiration from the Oriental art of reflexology, this delightful foot and lower leg massage stimulates circulatory and lymphatic systems to leave hard working feet walking on air. A perfect pampering for tired feet.





## **FACIAL TREATMENTS BIOLOGIQUE RECHERCHE**

The Biologique Recherche Methodology is based on nearly forty years of experience using innovative products and meticulous protocols. The products are formulated with high concentrations of active ingredients derived from natural or biotechnological compounds and are fragrance-free. Skin care is provided following a personal dermo-cosmetic diagnosis using a Skin Instant© analysis for each individual.

## **BRIGHTENING & BALANCING**

**90 Minutes**

A treatment for diminishing fine lines and wrinkles. It tones and refines the skin on the face, neck and chest. A regenerating and revitalizing treatment for the epidermis, it restores the natural balance, leaving the skin smooth and glowing. This treatment helps to re-plump, making the skin supple and healthy.

## **ANTI AGEING**

**90 Minutes**

An exfoliating and lifting treatment combined with shaping techniques designed for mature skin. A treatment to prevent and reduce the appearance of dark spots. It strengthens, firms and hydrates dry damaged skin.

## **AFTER SUN**

**60 Minutes**

A treatment to stabilize particularly sensitive and fragile skin. It has a soothing effect on the skin on the face, neck and chest, giving it an extra glow.

## **PURIFYING FOR MEN**

**60 Minutes**

A treatment that regulates sebaceous secretions and detoxifies oil and acne-prone skin. It tightens the skin's pores, leaving the face, neck and chest purified.

## HAIR SALON & NAILS CARE

### TRADITIONAL HAIR CREAM BATH

**60 Minutes**

A traditional and therapeutic treatment to stimulate circulation, nourish the scalp and strengthen the hair.

### HAIR SHAMPOO

**60 Minutes**

### MANICURE

**60 Minutes**

The ultimate treatment for hands, this manicure features scrub and relaxing massage that will leave hands softer, brighter and younger looking, in addition to nail shaping, buffing and cuticle nail treatment.

### PEDICURE

**75 Minutes**

Feet are treated to a thorough cleansing and buffing. Starting with an invigorating foot scrub, lower legs and feet will benefit from an intense exfoliation and soothing massage, whether for removing a callus, cracked skin or just pure relaxation. A treatment for the feet's well-being.



## **HOW TO SPA**

### **Opening Hours**

**9 A.M. - 9 P.M.**

### **ARRIVAL TIME**

Guests are encouraged to arrive at least 40 minutes prior to the appointment in order to enjoy the exclusive spa facilities. As a courtesy to the next guest, any late arrival will result in the reduction of the treatment time. For the guests' convenience, a robe, towels and slippers will be provided.

### **SCHEDULING AN APPOINTMENT**

To schedule an appointment for the perfect treatment, please contact spa reservations team who will be able to recommend right treatment choice. To ensure preferred time and service is available, advance booking is recommended. Non-residents are welcome to reserve spa appointments at minimum 2 hours prior to treatment. A credit card will be required to secure all bookings.



## **SPA ETIQUETTE**

The spa environment is one of relaxation and tranquility. Please respect other guests' privacy by maintaining a low tone of voice and avoiding to use mobile phones or cameras within the spa. Smoking is prohibited.

## **GIFT CERTIFICATES**

Gift certificates are available for any treatment or product purchase, non-refundable and must be presented at the time of the treatment or purchase.

## **HEALTH CONDITIONS**

Kindly advise The Bulgari Spa team of any health conditions, allergies or injuries that could affect the treatments or use of the facilities when making the spa reservation.

## **CANCELLATION POLICY**

The Bulgari Spa recommends that all modification or cancellation requests done 24 hours prior to the booking in order to avoid a 100% penalty charge. For cancellations less than 24 hours before the treatment, full payment will be processed. A credit card will be required to secure all bookings.





## **MINIMUM AGE**

An adult must accompany children under age of 18 during the spa treatment.

## **PRICES & TAXES**

All prices are subject to prevailing tax and service charge. Prices are subject to change at management's discretion.

## TREATMENTS

## DURATION

## PRICE IN IDR

### BULGARI SIGNATURE RITUALS

Bulgari Royal Lulur for Two	180 min	20,000,000
Romantic Harmony for Two	180 min	15,000,000
Stress Recovery	120 min	10,000,000

### BODY THERAPIES

Balinese Lulur	60 min	2,000,000
Balinese Boreh	60 min	2,000,000
After Sun Soother	60 min	2,000,000
Anti-Cellulite Body Treatment	75 min	3,000,000

### MASSAGE THERAPIES

Healing Stones	120 min	4,300,000
Balinese Four Hands Massage	120 min	6,500,000
Herbal Revival	120 min	4,300,000
Thai Massage	90 min	3,000,000
Traditional Massage	90 min	3,000,000
Relaxing Body Massage	90 min	3,000,000
Relaxing Foot Massage	60 min	2,000,000

### FACIAL TREATMENTS

Brightening & Balancing	90 min	2,800,000
Anti Ageing	90 min	2,800,000
After Sun Soother	60 min	2,300,000
Purifying for Men	60 min	2,300,000

### HAIR SALON & NAILS CARE

Traditional Cream Bath	60 min	1,500,000
Hair Shampoo	60 min	1,000,000
Manicure	60 min	1,000,000
Pedicure	75 min	1,200,000



## HOURS OF OPERATION

The Bulgari Spa

Spa treatment: 9 A.M. - 9 P.M.

Last treatment booking: 8 P.M.