

OVERVIEW

Set in the very heart of Bulgari Resort Bali, the Spa is the embodiment of a holistic healing centre, bringing together the therapeutic traditions of Indonesian massage and the contemporary spa practices.

An antique 'Joglo' house, transported piece by piece from central Java, creates a unique reception area

The cliff-top Spa at Bulgari Bali offers ultimate spa experience and breathtaking views, overlooking the Indian Ocean. Traditional Balinese culture and the elegance of Italian contemporary style are reflected in the exquisite design. A complete retreat from the rest of the world, the Spa extends an enticing invitation for you to enter a world of peace and harmony.

Surrender your body and mind to the ultimate spa experience at Bulgari Resort, Bali.

Pure indulgence can be experienced by reserving one of our exclusive Spa Pavilions for a minimum of 3 or more hours including relaxation time before and after treatments; encouraging you to enjoy the stunning surroundings of your pavilion for a personal or shared escapism.

Each spa pavilion contains a whirlpool and outdoor living space with open air shower or you may indulge in the Royal Pavilion benefiting from the addition of a luxurious Steam Shower and secluded, outdoor Plunge Pool.

BULGARI SIGNATURE RITUALS

BULGARI ROYAL LULUR FOR TWO

3 Hours

IDR 16,875,000

The queen of treatment literally, this spice and yogurt exfoliation and body polishing process has been practiced in palaces of Central Java since the 17th century. There the pursuit of beauty has long been a daily ritual Javanese lulur an integral step, leaving skin soft, supple and shining.

An exotic blend of indulgent therapies for couples seeking a complete retreat, this regal experience for two takes place in the Royal Spa Pavilion.

Commence with a **Welcome Foot Ritual**, followed by skin brushing and an **Exfoliating Lulur Scrub** of rice powder, spices and **Exfoliating Body Polish**. A full body envelopment of **Cooling Marine Algae**, yogurt and fresh mint soothe the skin while a **Cleansing Facial** takes place and feet and Limbs benefit from an intensive **Reflex Zone Massage**. Ease into the **Whirlpool Baths or Plunge Pool** to cleanse and refresh, then bliss resumes with a perfectly synchronized **Signature Four Hand Body Massage** rich with exotic oils and herbs to complete this decadent, stress relieving and calming experience.

ESCAPE FOR TWO

3 Hours

IDR 11,250,000

The ultimate, romantic treatment for couple in the Royal Spa Pavilion.

A de-stressing foot ritual welcomes you before you are soothed in a **fragrant Ylang Ylang and Frankincense infused whirlpool bath**. Full **body exfoliation** continues with an **aromatic salt and oil scrub** to soften and soothe the skin. Warm fragrant oils are poured into the centre of the body as deeply therapeutic **Balinese Body Massage** with heat of the **volcanic stones soothes and relieves tension**. Relaxation is complete with an **After Sun Facial** using natural plant extracts and oils to cleanse nourish and hydrate, sensitive, fragile skin.

BODY MASSAGES

Choose from our luxurious selection of relaxing massages. Your therapist will ensure that you receive a personalized treatment to suit your individual and specific needs.

BALINESE MASSAGE WITH HOTSTONE 2 Hours IDR 3,750,000

A deeply soothing, stress-relieving body treatment.

Body exfoliation and a **Facial Cleanse** begin the treatment. **Warm aromatherapy oils** are poured onto the centre of the body and massaged into the skin using long deep sweeping movements that encompass the whole body. **Hot stones** are used where required to release deep seated tension. A **relaxing scalp massage** is also included to achieve total relaxation.

BALINESE FOUR HAND MASSAGES 2 Hours IDR 4,875,000

Excellent for those who find it hard to unwind and relax during massage.

One therapist will carry out a **welcome foot ritual** followed by **body exfoliation and a facial cleanse**. Two therapists then connect to commence the four handed tension releasing massage. Using advanced massage combinations of stretching and rolling movements and long deep strokes. The treatment combines the use of **hot stones, warm oils and a therapeutic head massage**.

HERBAL REVIVAL 2 Hours IDR 3,750,000

A traditional Balinese healing. Herbs in the form of warm poultices are used to massage, calm nerves, soothe knotted muscles and rebalance energy levels to positively promote circulation and good health.

Body exfoliation and a **Facial Cleanse** begin the treatment

BULGARI MASSAGE 1 Hour IDR 1,845,000

1 Hour 30 Minutes IDR 2,565,000

A Freestyle massage by Bulgari therapists using Balinese techniques.

THAI MASSAGE 1 Hour IDR 1,845,000

1 Hour 30 Minutes IDR 2,565,000

An ancient technique which includes deep pressure point massage and stretching techniques to relieve tension and increase vitality and flexibility. Loose garments are provided as no oil is used for this massage.

BVLGARI

RESORT BALI

HOLISTIC MASSAGE	I Hour	IDR 1,845,000
	I Hour 30 Minutes	IDR 2,565,000

A powerful blend of Tea Tree and Eucalyptus Oil well known for their natural anti-viral, anti-bacterial and soothing properties to boost your Immune system or Specially blended Soothing aromatherapy oils which have relaxing and calming properties to de-stress.

RELAXING FOOT MASSAGE	I Hour	IDR 1,520,000
	I Hour 30 Minutes	IDR 2,235,000

A luxurious footbath in aromatic essential oil to soothe the feet, followed by a relaxing foot massage incorporating stimulation of reflex points. This treatment relieves swelling and built-up pressures, energizes and revitalises the feet and calves, a perfect pampering for tired feet.

TRADITIONAL BODY WRAP

Choose from our sophisticated menu of individual wraps blended to meet your specific needs or just book a wrap and let our therapists decide for you.

COCONUT VANILA	I Hour	IDR 1,620,000
-----------------------	--------	---------------

Freshly coconut and ground sweet vanilla with nourishing ground almond are applied to gently exfoliate and purify your skin.

BALINESE LULUR	I Hour	IDR 1,620,000
-----------------------	--------	---------------

Indulge in this sensuous Indonesian ritual, traditionally performed on brides before the wedding. The treatment begins with a Balinese Lulur Body Exfoliation using ground rice and fragrant spices, before being enveloped with a luxurious mixture of yoghurt, ginger and spirulina which are soothing and nurturing to the skin

AFTER SUN SOOTHER	I Hour	IDR 1,620,000
--------------------------	--------	---------------

The After Sun Soother brings instant relief and intensive moisture to dry, sensitive, sun burn or flaky skin leaving it calm, hydrated and soft.

FACIALS

ESPA Facials are highly effective, advanced treatments designed to naturally improve the skin condition and enhance its appearance.

SKIN BRIGHTENER I Hour IDR 1,725,000

Suitable for all skin conditions, particularly when pollution, stress, business pressure or lack of sleep can leave you with dull, lifeless, sallow skin.

This facial includes a special application of Skin Brightener, rich in natural AHAs, BHAs and anti-oxidants to smooth and brighten the skin. Suitable for all skin types, repeat regularly for maximum effect.

PURIFIER I Hour IDR 1,725,000

Ideal for oily, congested, problematic skin or those suffering from hormonal imbalance.

This deep cleansing, oil-controlling facial helps to regulate oil secretions whilst refining open pores. Included in this facial are naturally decongesting and anti-inflammatory ingredients such as Tea Tree and White Thyme.

AFTER SUN SOOTHER I Hour IDR 1,725,000

A gentle facial for sensitive, fragile skins prone to redness and irritation.

Soothing, de-sensitising natural plant extracts and aromatherapy oils such as Chamomile and Benzoin are used to gently cleanse, nourish and hydrate fragile skins, helping to reduce sensitivity and to minimise redness.

RE-HYDRATOR I Hour IDR 1,725,000

A regenerating boost for dry, dehydrated, flaky skin requiring moisture and hydration.

Careful cleansing and exfoliation greatly helps the skin to improve the absorption of nourishing and moisturizing masks. Specialized facial oils and creams such as the Botanical Rescue are specifically chosen for their deeply re-hydrating, soothing and healing benefits.

PURIFYING FACIAL FOR MEN I Hour IDR 1,725,000

Modern lifestyle related stress is reflected in dull, lifeless skin. This facial works at a deep molecular level to purify, balance and hydrate the skin leaving you feeling de-stressed and renewed.

A deep shoulder and scalp massage is performed using conditioning hair and scalp mud combined with ESPA Body Oil to release tight muscles and tension.

ADVANCED BODY TREATMENTS

PRE/POST NATAL INDULGENCE TREATMENT | Hour 30 Minutes | IDR 2,175,000

This total body treatment has been carefully designed for **pregnant and nursing mothers** to aid in relaxation and improves tonicity of the skin during this very special time. The treatment uses a natural Calendula infused oil and advanced massage techniques are used on safe areas. The body is gently **exfoliated** and receives a **tension relieving massage** followed by a warm application of **Body Mask**, focussing on the **bust and tummy**. The body is gently covered in natural linens while a relaxing **scalp massage** takes place.

ANTI-CELLULITE HIP & THIGH TREATMENT

| Hour | IDR 1,590,000

A specialised treatment concentrating on the areas of the body prone to cellulite, fluid retention and uneven skin tone.

An **exfoliation with a special blend of seaweed**, salt and oil, is then followed by an uplifting and toning effect of iced mitts. A brisk and powerful **detoxifying massage** and lymphatic drainage techniques using stimulating essential oils help to purify and cleanse the body. Relevant **reflex zones** and **pressure points on the feet** are then activated to leave you feeling totally revitalised. A course of treatments is recommended to maximise the effects.

SPA PACKAGE

STRESS RECOVERY

3 Hours

IDR 4,875,000

An ideal experience if recovering from the excitement of a wedding or simply the stress of business life.

A Salt and Oil Scrub exfoliates and softens tired skin and then rich fragrant **Aromatherapy Oils are massaged** into the body with **hot volcanic stones** to release tension from tired aching muscles. The ritual concludes with **a Re-hydrator Facial** to reduce facial tension, nourish and hydrate the skin, restoring moisture and tonicity.

DETOXIFYING CLEANSING RITUAL

3 Hours

IDR 4,650,000

A detoxifying ritual to help reduce fluid retention, improve lymph drainage and stimulate circulation

Detoxifying Salt and Oil Scrub prepares the **body for a wrap** rich in Natural Marine Algae to aid the elimination process. A **Deep Tissue Detoxifying Massage** works to stimulate circulation and lymph.

A Purifying Facial includes lymph drainage and a mind clearing head massage to complete this uplifting ritual.

ROMANTIC HARMONY FOR TWO

2.5 Hours

IDR 8,700,000

Indulge in complete romantic harmony for two in our candlelit couples treatment villas.

Leave stress behind as your feet are softened and soothed in frangipani fragranced water. The skin is smoothed and cooled with **Traditional Exfoliating Body Polish** to prepare the body and mind for a personalised **Aromatherapy Body Massage**. Restore sun parched or travel dehydrated skin with a **Re-hydrator Facial** using natural botanic and plant extracts.

BALINESE INDULGENCE FOR TWO

2 Hours 45 Minutes

IDR 9,900,000

The hydration and comfort of this treatment will bring calm to the mind and cool the skin.

Full body exfoliation leads to a skin softening **Body Envelopment** to prepare and relax the body to receive **Balinese Four Hand Body Massage**. Warmed oils are poured onto the centre of the body before both therapists connect with stretched elongated movements to calm the mind. A tension-melting **Scalp Massage** completes this luxurious experience.

KID'S SPA

ANGLE BLISS

45 Minutes

IDR 1,725,000

Desigend for our guests aged 6 to 13 years old. Invite your child to discover the world of wellbeing under the gentle, caring touch of a skilled therapist. Soft pressure is applied to the scalp, legs and feet and a grounding oil massage is performed on the back and the arms. This treatment greatly soothes nervous system, strengthens immune system and improve quality of sleep. A traditional sarong will be given to your child at the end of the treatment, so that our young guest can return to the villa in style. An adult is requested to accompany any child under the age of 10 during the treatment.

COCOA REMEDY

30 Minutes

IDR 910.000

Freshly harvested and ground sweet cocoa beans with nourishing ground almond are applied to gently exfoliate and purify your skin, completed with a soothing and chocolate body lotion.

FRUITY SENSATION

30 Minutes

IDR 910.000

The Orange Sensation is the ultimate spa experience that leaves the skin with a vibrant glow body scrub using a natural blend of orange to gently exfoliate and eliminate impurities, completed with a fresh and fruity body lotion.

NAIL ART (10 Nails)

30 Minutes

IDR 300.000

HAND & FEET

TRADITIONAL MANICURE	I Hour	IDR 870,000
For grooming of the hands. Nail polish is optional.		
TRADITIONAL PEDICURE	I Hour	IDR 1,050,000
For grooming of the feet. Nail polish is optional.		
NAILS POLISH	30 Minutes	IDR 450,000

HAIR SALON

TRADITIONAL HAIR CREAM BATH	I Hour	IDR 1,575,000
A Traditional and therapeutic treatment to stimulate circulation, nourish the scalp and strengthen the hair.		
HAIR MASK	I Hour	IDR 2,100,000
A complete ritual, designed to naturally improve the scalp and hair condition and enhance its appearance. It includes acupressure head massage, specialized cleansing techniques and intensive hair booster and mask. A luxurious scalp tonic is then massaged into the scalp for its nurturing property.		

HOW TO SPA

Opening Hours

9.00 AM - 10.00 PM

Arrival time

You are encouraged to arrive at least forty minutes prior to your appointment to enjoy the exclusive facilities at The Spa.

FACILITIES

Enjoy the luxurious range of experiences which include the use of:

- Aromatic Steam Room
- Luxury Bathrobes and Slippers
- Separate Male and Female Changing Rooms
- Relaxation Pavilion with breathtaking sea views
- Spa Refreshment

All treatments and Spa Packages will be available to residents of the Bulgari Hotels and Resorts.

Non-residents are welcome to reserve Spa appointments at a minimum of 2 hours booking time. These cannot be confirmed or secured without a credit card.

To make an appointment for the perfect treatment, call The Spa at on Ext 6601 or 6602.

SPA ETIQUETTE

Our Spa environment is one of relaxation and tranquillity. Please respect all Spa Guests' right to privacy and serenity. We appreciate you turning off your mobile phone whilst in the Spa.

GIFT VOUCHERS

Gift vouchers are available for any treatment, Day Spa programmes or product and are an ideal present for someone special. Gift vouchers are non refundable and must be presented at time of treatment or purchase.

AMENITIES

Personal amenities and toiletries are provided in the Spa treatment room.

BVLGARI

RESORT BALI

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries, which could affect your service when making your Spa reservation.

CANCELLATION POLICY

If you must cancel your appointment, we ask that you notify us 12 hours in advance to avoid being charged the price of your treatment. Cancellations made with less than 12 hours notice will be charged full price.

PREGNANCY

We have specially designed treatments for expectant mothers. Please allow our Spa team to guide you in selecting which treatments are most suitable for you during this special time.

MINIMUM AGE

An adult must escort children under age of 10 during their spa treatment

PRICES & TAXES

All prices are subject to change at management's discretion. Goods and services tax at prevailing rates apply. **Prices are subject to 21% tax and service charge.**

PRIVACY

Our therapists will discreetly drape areas of your body not involved in the treatment to protect your privacy and modesty at all times.