

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 09:00 Mat Pilates 12:00 Workshop Signature Class	3 11:00 Mat Pilates
4	5 08:00 Workshop Signature Class 10:30 Boxing	6	7 08:00 Yoga 11:00 Mat Pilates	8	9 09:00 Workshop Signature Class 11:00 Yoga	10 11:00 Mat Pilates
11	12 09:00 Meditation 11:00 Yoga	13	14 09:00 Workshop Signature Class 10:30 Boxing	15	16 09:00 Yoga 11:00 Meditation	17 11:00 Mat Pilates
18	19 08:00 Workshop Signature Class 10:30 Boxing	20	21 08:00 Yoga 11:00 Mat Pilates	22	23 09:00 Mat Pilates 12:00 Boxing	24 11:00 Mat Pilates
25	26 09:00 Boxing 11:00 Yoga	27	28 09:00 Workshop Signature Class 10:30 Boxing	29	30 09:00 Workshop Signature Class 11:00 Meditation	31 11:00 Mat Pilates