



SELECTION OF JUICES
果汁精选

- Freshly squeezed juice: orange, watermelon, grapefruit, carrot 🌱 (G) (L) (LS)
鲜榨果汁: 香橙, 西瓜, 西柚, 胡萝卜
108 元
- Super Green 🌱 (G) (L) (LS)
健康绿
Cucumber, celery, lemon, ginger
黄瓜, 西芹, 柠檬, 生姜
128 元
- Detox 🌱 (G) (L) (LS)
健康精选
Apple, carrot, beetroot, lemon, ginger
苹果, 胡萝卜, 甜菜根, 柠檬, 生姜
128 元

SELECTION OF TEA AND COFFEE
茶与咖啡精选

- Tea: English Breakfast, Earl Grey, Peppermint, Jade Sword Green Tea (LS)
茶: 英式早餐茶、伯爵茶、薄荷茶、毛尖绿茶
118 元
- Coffee: Espresso, Cappuccino, Latte, Americano
咖啡: 意式浓缩、卡布奇诺、拿铁、美式咖啡
80 元
- Organic Yunnan Coffee (LS)
云南有机咖啡
98 元

MINERAL WATER
瓶装矿泉水

- Surgiva Still Natural Mineral / Natural Mineral Sparkling Water, Italy 750ml
苏吉瓦天然饮用水 / 含气天然饮用水, 意大利 750 毫升
120 元
- Blairquhan Sparkling Natural Mineral Water, China 348ml (LS)
奔来旺充气天然矿泉水, 中国 348 毫升
78 元

ITALIAN BREAKFAST

意式早餐

Tea or coffee and freshly squeezed juice <i>茶或咖啡和鲜榨果汁</i>	
Brioche with chocolate, custard cream or jams <i>黄油面包配巧克力酱、卡仕达奶油或果酱</i>	
Selection of Niko Romito bread, butter, jams and chocolate spread <i>Niko Romito 面包精选, 黄油、果酱及巧克力酱</i>	
Sliced fresh fruit 🌱(G) (L) <i>时令鲜切水果</i>	
Full-fat organic yogurt (G) <i>全脂有机酸奶</i>	
458 元	

AMERICAN BREAKFAST

美式早餐

Tea or coffee and freshly squeezed juice <i>茶或咖啡和鲜榨果汁</i>	
Bakery basket <i>自制面包篮</i>	
Homemade granola, nuts, mixed berries and full-fat organic yogurt <i>自制格兰诺拉麦片配坚果、混合莓果与全脂有机酸奶</i>	
Sliced fresh fruit 🌱(G) (L) <i>时令鲜切水果</i>	
Free cage eggs (L) (LS) <i>任选非笼养蛋类</i>	
Served with roasted potatoes, bacon, sausages (pork, chicken and veal) roasted tomatoes, organic asparagus and organic spinach <i>精选配菜: 烤小土豆, 培根, 香肠(猪肉, 鸡肉及小牛肉), 带藤番茄, 有机芦笋, 有机菠菜</i>	
458 元	

BVLGARI GYMNASIUM

健康套餐

Tea or coffee and freshly squeezed juice or coconut water <i>茶或咖啡和鲜榨果汁或椰子水</i>	
Egg white omelette with herbs (G) (L) (LS) <i>意式香草蛋白卷</i>	
Steamed apple 🌱(G) (L) <i>蒸苹果</i>	
Chia pudding with seasonal fruits 🌱(G) (L) <i>时令水果奇亚籽布丁</i>	
Steamed vegetables 🌱(G) (L) <i>蒸时蔬</i>	
Homemade granola, nuts, mixed berries and full-fat organic yogurt <i>自制格兰诺拉麦片配坚果、混合莓果与全脂有机酸奶</i>	
418 元	

C H I N E S E B R E A K F A S T

中 式 早 餐

Tea or coffee and freshly squeezed juice

茶或咖啡和鲜榨果汁

Soy milk and deep-fried dough (L) (LS)

豆浆和油条

Sliced fresh fruit 🌱 (G) (L)

时令鲜切水果

Steamed Shanghai Xiao Long Bao and glutinous rice Siu Mai (L) (LS)

上海小笼包和糯米烧麦

Spiced tea braised cage-free egg (L) (LS)

秘制茶香非笼养卤蛋

Choice of one course:

任选以下一道主食

Plain congee with condiments (G) (LS)

本味白粥佐精致小料

Beef congee with condiments (G) (LS)

鲜香牛肉粥佐精致小料

Chicken congee with condiments (G) (LS)

嫩滑鸡肉粥佐精致小料

Seafood congee with condiments (G) (LS)

海味鲜粥佐精致小料

Mung bean, lily bulb and lotus seed congee with condiments 🌱 (G) (L)

绿豆百合莲子粥佐精致小料

Braised beef noodles (L) (LS)

红烧牛肉面

Dry noodles with hairy crab roe and river shrimps (L) (LS)

蟹黄河虾仁拌面

Consommé with sesame oil and mushroom noodles 🌱 (L) (LS)

麻油菌菇素清汤面

(Not suitable for infants, young children and people with fungal allergies)

(不适宜婴幼儿、儿童和食用真菌过敏者)

Shrimp and pork wontons, noodles, superior broth and choy sum (L) (LS)

鲜虾云吞面，高汤和菜心

Fish roe, shrimp and pork dumplings (L) (LS)

鱼籽虾仁水饺

Zucchini and egg dumplings (L) (LS)

节瓜鲜鸡蛋水饺

Shepherd's purse and pork wontons (L) (LS)

荠菜鲜肉大馄饨

458 元

FREE CAGE EGGS

非笼养鸡蛋

Scrambled eggs (G) (L) (LS)

炒蛋

168 元

Poached eggs (L) (LS)

水波蛋

168 元

Sunny-side up/Over-easy/Over-hard eggs (G) (L) (LS)

煎蛋

168 元

Boiled eggs (G) (L) (LS)

水煮蛋

168 元

Omelette (G) (L) (LS)

蛋卷

198 元

Eggs Florentine, spinach and hollandaise sauce (LS)

佛罗伦萨蛋配菠菜与荷兰汁

168 元

Eggs Benedict, ham and hollandaise sauce (LS)

班尼迪克蛋配火腿与荷兰汁

198 元

Eggs Royale, salmon and hollandaise sauce (LS)

皇家蛋配三文鱼与荷兰汁

218 元

SIDE DISHES

配菜

Avocado 🌱 (G) (L) (LS)

牛油果

Sautéed organic spinach 🌱 (G) (L) (LS)

清炒有机菠菜

Sautéed organic asparagus 🌱 (G) (L) (LS)

清炒有机芦笋

Roasted potatoes 🌱 (G) (L) (LS)

烤小土豆

Bacon (G) (L) (LS)

培根

Sausage (pork, chicken and veal) (L) (LS)

香肠（猪肉，鸡肉及小牛肉）

58 元/每份



纯素食 (G) 无麸质 (L) 无乳糖 (LS) 本地食材

上述价格包含所有税费及服务费

À L A C A R T E

零 点 菜 单

Brioche with chocolate, custard cream or jams
黄油面包配巧克力酱、卡仕达奶油或果酱
118 元

Croissant with chocolate, custard cream or jams
可颂面包配巧克力酱、卡仕达奶油或果酱
118 元

“Maritzo” with whipped cream
罗马奶油面包
88 元

Slice of cake
每日精选蛋糕切片
88 元

Selection of Niko Romito bread, butter, jams and chocolate spread
Niko Romito 面包精选，黄油、果酱及巧克力酱
128 元

Pancakes, berries, banana and Canadian maple syrup
煎饼配枫糖浆, 莓果, 香蕉
218 元

Crêpes with chocolate spread and hazelnut
可丽饼配巧克力酱和榛子碎
218 元

French toast, berries and Canadian maple syrup
法式吐司配枫糖浆及莓果
218 元

Homemade granola, nuts, mixed berries and full-fat organic yogurt
自制格兰诺拉麦片配坚果、混合莓果与全脂有机酸奶
218 元

Porridge, honey and mixed berries 🌱 (L)
燕麦粥配蜂蜜与混合莓果
148 元

Chia pudding with seasonal fruits 🌱 (G) (L)
奇亚籽布丁配时令水果
158 元

Your choice of cereals: Coco pops, rice krispies, all bran, corn flakes,
raisin almond crunch, multigrain
精选麦片: 可可脆米圈, 米脆片, 全麦维, 玉米片, 葡萄干杏仁麦片, 多谷物麦片
140 元

Full-fat organic yogurt (G)
全脂有机酸奶
128 元

Italian cheese selection (G)
意式芝士拼盘
258 元

Cured meat board (G) (L)
意式冷切肉拼盘
348 元

Salmon carpaccio (G) (L) (LS)
三文鱼薄片
288 元

Salmon and avocado toast (LS)
三文鱼牛油果吐司
268 元

Ham and Provolone cheese toast
火腿波罗伏洛芝士吐司
218 元



纯素食 (G) 无麸质 (L) 无乳糖 (LS) 本地食材
上述价格包含所有税费及服务费

À L A C A R T E

零 点 菜 单

Soy milk, deep-fried dough and pickles (L) (LS)

豆浆，油条及咸菜

138 元

Plain congee with condiments (G) (LS)

本味白粥佐精致小料

138 元

Beef congee with condiments (G) (LS)

鲜香牛肉粥佐精致小料

138 元

Chicken congee with condiments (G) (LS)

嫩滑鸡肉粥佐精致小料

138 元

Seafood congee with condiments (G) (LS)

海味鲜粥佐精致小料

138 元

Mung bean, lily bulb and lotus seed congee with condiments 🌱 (G) (L)

绿豆百合莲子粥佐精致小料

138 元

Fried rice with seafood and XO sauce

XO 酱海鲜炒饭

288 元

Chinese sautéed rice noodles with Australian beef, yellow chives and bean sprouts

干炒澳洲牛河

288 元

Shrimp and pork wontons, noodles, superior broth and choy sum (L) (LS)

鲜虾云吞面，高汤和菜心

238 元

Braised beef noodles (L) (LS)

红烧牛肉面

288 元

Dry noodles with hairy crab roe and river shrimps (L) (LS)

蟹黄河虾仁拌面

318 元

Consommé with sesame oil and mushroom noodles 🌱 (L) (LS)

麻油菌菇素清汤面

(Not suitable for infants, young children and people with fungal allergies)

(不宜婴幼儿、儿童和食用真菌过敏者)

238 元

Fish roe, shrimp and pork dumplings (L) (LS)

鱼籽虾仁水饺

238 元

Zucchini and egg dumplings (L) (LS)

节瓜鲜鸡蛋水饺

238 元

Shepherd’s purse and pork wontons (L) (LS)

荠菜鲜肉大馄饨

238 元

Sliced fresh fruit 🌱 (G) (L)

时令鲜切水果

158 元