Workshop gymnasium

Body analysis

Framework assement	€ 225
Body composition analysis	€ 75
Functional movement screen	€ 150

Personal training

60 min one to one	€ 175
90 min one to one	€ 260
60 min two to one	€ 260

Mat pilates

60 min one to one	€ 175
90 min one to one	€ 260
60 min two to one	€ 260

Yoga

60 min one to one	€ 175
60 min two to one	€ 260

Swimming

60 min one to one	€ 175

Boxing

60 min one to one	€ 175
90 min one to one	€ 260
60 min two to one	€ 260

Packages

10 personal trainings	€ 1540
20 personal trainings	€ 3045
50 personal trainings	€ 7262

Fitness center open	24/7